FINDING OUT WHAT YOU SHOULD DO AND DOING IT

TWO
K-5TH GRADE

READ PROVERBS 14:29

DAY 1

Wisdom goes hand in hand with something else that is also important. Fill in the blanks below to figure out what that is.

Anyone who is ___atient h___s great unders___and___ng. But anyon___ who gets a___gry qui___kly shows how foolish th___y are.

It's true. If you rush to make decisions, you might not make the wise choice. Or if you react to something in anger, that's not wise either. Take time, take deep breaths, and ask God for help to be patient so you can make wise choices.

ASK God to help you have patience so you can make the wise choice.

READ PROVERBS 29:11

DAY 2

Have you ever poured a soda or fizzy water too fast into a glass? What happens? It overflows, right? And that's no good because you have a mess on your hands and you miss out on some of the delicious drink.

The Bible says that losing control of your anger is a lot like that. It makes a big mess, plus you can miss out on some really good things, like happiness, friendships, and peace. Wise people keep themselves under control.

Think about the last time you got really angry. Did you do anything unwise while you were mad? What could you do next time that would be a wiser choice?

KNOW that wise people have self-control.



DAY 3

Grab a sheet of paper and make a self-portrait. Draw lines by your heart, your eyes, your ears, your hands, and your feet. Then think through how you can use those body parts to search for wisdom before you make a decision. (Hint: Eyes could be "look before you leap." Refer to Proverbs 18:15 for more helpful hints!)

God gives us all we need to make wise choices. We just need to take the time to slow down before we jump into situations and actions that aren't wise!

KNOW that it's always wise to look before you leap.



READ PROVERBS 17:27-28

Try out this classic tongue twister.

Peter Piper picked a peck of pickled peppers. A peck of pickled peppers, Peter Piper picked. If Peter Piper picked a peck of pickled peppers, how many pickled peppers did Peter Piper pick?

Your tongue really does start to feel all twisty when you try to say them fast, doesn't it? It's funny to lose control when you're saying a tongue twister, but not so much fun when you lose control of your words in real life. It can lead to hurting others, and even hurting yourself. The next time you think you might lose control of your words, stop and say a prayer.

ASK God to help you keep control of your words.

